



A Report on One Day Seminar

On

Women Health, Yoga & Diet Awareness Program



Date: 07/04/2022 Time 3:00pm

Resource Persons

Dr. Rupali S. Shirvalkar

Ayurved Practitioner, Pune.

Mrs. Harshada Khandekar

Nutrition Expert and Consulting Dietician, Pune.

Organized by

GIRLS ACTIVITY COMMITTEE

N.E.S. SCIENCE COLLEGE, NANDED

(Re-accredited by NAAC with "A" grade (CGPA 3.38), CPE Status)

P.O.Box No. 62, Sneh Nagar, Nanded -431605.

Web: www.sciencecollegenanded.org.

Patrons

Dr. Venkatesh Kabde

President, Nanded Education Society, Nanded.

CA. Dr. Pravin Patil

Vice-President, Nanded Education Society, Nanded.

Sow. Shymal Patki

Secretary, Nanded Education Society, Nanded.

Shri. Prafulkumar Agrawal

Joint-Secretary, Nanded Education Society, Nanded.

Chief Guest and Inaugurator

Sow. Shymal Patki

Secretary, Nanded Education Society, Nanded.

Organizing Committee

Convener

Dr. D.U. Gawai

Principal

Co-Convener

Dr. D.D. Pawar

Vice-Principal

Organizing Secretary

Dr. Mrs. Vibhati Kulkarni

Jt. Organizing Secretary

Dr. Mrs. Sangita Modi

Organizing Committee

Dr. Mrs. A.R. Shukla Dr. R.V. Sangvikar
Dr. Mrs. P.S. Borkar Mrs. V.D. Borgaonkar
Mrs. J.D. Ratnakar Mrs. S.S. Choudhary
Mrs. P.R. Choudhary Mrs. M. H. Raut
Dr S. D. Wadje Mrs. Seema Pandy
Dr. Mrs. D.V. Totawad Dr. Mrs. Rekha Wadekar
Mrs. Shilpa Yemekar Mrs. Nayan Tehera

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Resource Person Invitation Letter



R.No. F-12, 1962, 26/06/1950
UNF 1261, 13/10/1961

NANDED EDUCATION SOCIETY'S

SCIENCE COLLEGE, NANDED

(Affiliated to Swami Ramanand Teerth Marathwada University, Nanded)

(Re-accredited with "A" grade by NAAC (CGPA 3.38) 3rd Cycle, CPE Status, DST-FIST,

NIRF Ranking-72 (Year - 2017), Best College award SRTMUN)

P.O. Box No.62, Sneh Nagar, Nanded - 431605 (MS, India) P (C) 02462-251648, 250465 Fax.02462-250465

Email : sciencecollege1950@gmail.com Web : www.sciencecollegenanded.org

Ref. No.: SCN/2021-22/1439

Date: 05/04/2022

To,
Dr. Rupali Sandeep Shirvalkar,
Ayurved Practitioner,
Pune.

Subject: **Invitation as Resource Person for "One Day Seminar on Women Health, Yoga, and Diet Awareness Program".**

Respected Madam,

We are delighted to invite you as a resource person for **One Day Seminar on Women Health, Yoga, and Diet Awareness Program** organized by Girls Activities Committee, Science College on date 07/04/2022, at 03:00 p.m.

We look forward to meeting you at the one-day seminar.

Principal
Science College, Nanded
PRINCIPAL
V. E. S. Science College, Nanded



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SCIENCE COLLEGE, NANDED

(Affiliated to Swami Ramanand Teerth Marathwada University, Nanded)

(Re-accredited with "A" grade by NAAC (CGPA 3.36) 3rd Cycle, CPE Status, DST-FIST.

NIRF Ranking-72 (Year - 2017), Best College award SRTMUN)

P.O. Box No.62, Sochi Nagar, Nanded - 431695 (MS, India) P (O) 02462-251648, 250465 Fax:02462-250465

Email : sciencecollege1950@gmail.com Web : www.sciencecollegenanded.org

R.No. F-12, 1962, 26/04/1998
GNP (26), 13/07/1964

Ref. No.: SCN/2021-22/ 1440

Date: 05/04/2022

To,
Dr. Harshada Khandekar,
Nutrition Expert and Consulting Dietician,
Pune.

Subject: Invitation as Resource Person for "One Day Seminar on Women Health, Yoga, and Diet Awareness Program".

Respected Madam,

We are delighted to invite you as a resource person for **One Day Seminar on Women Health, Yoga, and Diet Awareness Program** organized by Girls Activities Committee, Science College on date 07/04/2022, at 03:00 p.m.

We look forward to meeting you at the one-day seminar.

Principal
Science College, Nanded
PRINCIPAL

4, B. S. Science College, Nanded

Call for Participation

The Organizing committee has shared the Google form link of registration to all students, Faculty members of different colleges. They also provided information about registration process through WhatsApp and telegram group by sharing broacher on the different groups. The 91 participants are registered for this one day seminar.

Registration Form:

<https://forms.gle/cZgGA19TCwX2CKkX9>

Telegram Link:

https://t.me/+mKRQe_RjSMhINjE1



The image shows a screenshot of a Google Form registration page. At the top, there is a banner with illustrations of various fruits and a cookie. Below the banner, the text reads: "आरोग्यम् धनसंपदा" या विषयावर एक दिवसीय चर्चासत्र One day Seminar on Women Health, Yoga & Diet Awareness Program. Below this, there is a short paragraph in Hindi. The form includes a field for "Email *" with a red asterisk indicating it is required, and a "Your email" label below the input field. The browser's address bar shows the URL: https://forms.gle/cZgGA19TCwX2CKkX9. The browser's tab title is "Inbox (2,397) - sangita19med@gmail.com".

Minute to Minute Program Plan

Sr.No	Time	Event
1	03..00 pm	Welcome of Dignitaries By Mrs. Shilpa Emekar
2	03.05pm	Brief about the program and Resource person introduction by Dr Vibhati Modi
3	03.10pm	Chief Guest Address by Hon. Sow. Shyamal Patki Secretary, Nanded Education Society's , Nanded.
4	03.15 pm	Presidential Address by Dr. D.U. Gawai Principal & Convener
	03.20pm	Introduction of Resource persons by Dr. Mrs. Vibhati V. Kulkarni
5	03.20 pm to 03.50pm	Mrs. Harshada Khandekar
6	03.50 pm to 04.20pm	Dr. Mrs. Rupali Shirvalkar
7	04.20 pm to 04.35pm	Question-Answer Session
8	04.35 pm to 04.40pm	Vote of thanks by Dr. Sangita Modi

Brouchure of Program

Preamble

Women have unique health problems. Some of health issues that affect both men and women can affect women differently. Unique issues include menstruation, pregnancy, menopause, and conditions of the female organs. They should also get recommended breast cancer, cervical cancer, and bone density screenings. For good health rest, exercise and proper diet are needed. Yoga is beneficial exercise for women's health. Yoga maintains good health. It also helps to cope up with and face various critical conditions of health. Proper diet plays an important role to maintain health in proper conditions. Nutritionists and Dietitians suggest a healthy diet, especially a Yogic diet (Sattvik diet), which instructs you to consume fresh fruits and vegetables and avoid the consumption of non-vegetarian foods and alcohol. This seminar intends to highlight the health issues and its remedies.

About The College

N.E.S. Science College, Nanded is single faculty college, founded by a great visionary and leader of Hyderabad liberation struggle, Poojya Swami Ramanand Teeth. The College is Re-credited with 'A' grade by NAAC with CGPA 3.38 in 3rd Cycle. It has secured NIRF-72nd rank in 2017, DST-FIST, Best College award of SRTMUN in 2018 and also awarded with "College with Potential for Excellence (CPE)" by UGC.

Registration Link:

<https://forms.gle/YDg2BszSajupQ96fA>

Telegram Link:

https://t.me/+mKRQe_RjSMbNjE1

Objectives of Course

- To impart importance of women's health.
- To make women conscious about proper healthy diet.
- To highlight importance of yoga to improve mental and physical efficiency of body.
- To empower women with wellness of health
- To create the awareness about fitness and healthy life style

Organizing Committee

Dr. Mrs. A.R. Shukla	Dr. R.V. Sangvkar
Dr. Mrs. P.S.Borkar	Dr. Mrs. V.D. Borgaonkar
Mrs. J.D. Ramakar	Mrs. S.S. Choudhary
Mrs. P.R. Choudhary	Mrs. M. H. Raut
Dr S. D. Wadje	Mrs. Seema Pandey
Mrs. Shilpa Emekar	Mrs. Nayan Tehera

Programme Schedule

Date: 07/04/2022 Time 3 pm onwards.

Online Inaugural function link

Time: 7th April, 2022, 03:00 PM India

Join Zoom Meeting-

<https://us06zoom.us/j/83793135300?pwd=VW5wcmVYTjRlR0o0W2Q0Q0lDcmhRC0lUT00>

Meeting ID: 83765159550

Passcode: 645437

Patrons

Dr. Venkatesh Kabde

President, Nanded Education Society, Nanded.

CA. Dr. Pravin Patil

Vice-President, Nanded Education Society, Nanded.

Sow. Shyamal Patki

Secretary, Nanded Education Society, Nanded.

Shri. Prafulkumar Agrawal

Joint-Secretary, Nanded Education Society, Nanded.

Chief-Guest and Inaugurator

Sow. Shyamal Patki

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Dr. D. U. Gawai

Principal

Co-Convener

Dr. D.D. Pawar

Vice Principal

Organizing Secretary

Dr. Mrs. Vibhati Kulkarni

IQAC Co-ordinator

Jt. Organizing Secretary

Dr. Mrs. Sangita Modi

Department of Computer Science



Nanded Education Society's
SCIENCE COLLEGE, NANDED
One Day Seminar

ON
**Women Health, Yoga & Diet
Awareness Program**



Date: 07/04/2022 Time 3:00pm

Resource Persons

Dr. Rupali S. Shirvalkar

Ayurved Practitioner, Pune.

Mrs. Harshada Khandekar
Nutrition Expert and Consulting Dietician, Pune.

Organized by

**GIRLS ACTIVITY COMMITTEE
N.E.S. SCIENCE COLLEGE, NANDED**

Re-credited by NAAC with 'A' grade (CGPA 3.38) 3rd Cycle

P. 23/24, No. 42, Swadhyaya, Nanded - 431003.

Web: www.nescollnanded.org

Biodata of Resource Person

1) Dr. Rupali Sandeep Shirvalkar

- B.Sc(Statistics).DYA(diploma in yog and Ayurved)
- CCY (certificate course in Yog). BAMS Pune
- Ayurved practitioner since 2017 in Rigved Clinic,Pune.
- Worked as Panchkarma assistant Since 2010
- Worked as hon. Lecturer as Ayurved bio Statistician for 10 years
- Conducted Ayurvedic diet courses and yog demonstrations at different institute in India as well as abroad in European countries.
- Helping different NGO for children and women health and hygiene awareness through Ayurved.

2) HARSHADA A KHANDEKAR

- NUTRITION EXPERT (Consulting Dietician)
- Diet Counseling for Children and Students
- Nutrition and Lifestyle counselling for Parents and Working Women
- **Understanding Child Psychology vis a vis today's world for Proper Nutrition**
- Nutrition programs for aspiring Sportsmen and women
- Promoting a healthy relationship with food
- Natural Diet Solutions for weight loss/weight gain/ maintaining weight. Credentials-
- B. Sc. Home Science, Diploma in Dietetics
- Internship in Poona Hospital
- Working and Counseling Experience-21 Years.

Inauguration Function Report

The program was initiated on the Zoom meeting on the occasion of “Azadi ka Amrut Mohotsav” & “World Health Day”. This program has been conducted by Nanded Education Society, Nanded.

The program is commenced by paying homage to Poojya Swami Ramanand Teerth, Founder Chairman, Nanded Education Society, by lighting of lamp and offering floral tribute, and followed by the welcome of all Patrons of Nanded Education Society Nanded. **Dr. Venkatesh Kabde**, President, Nanded Education Society, Nanded. **CA. Dr. Pravin Patil**, Vice-President, Nanded Education Society, Nanded. **Sow. Shymal Patki**, Secretary, Nanded Education Society, Nanded. **Shri. Prafulkumar Agrawal**, Joint-Secretary, Nanded Education Society, Nanded.

Dr. Mrs. Vibhati Kulkarni, IQAC Co-ordinator & Head, English Department, made a brief introduction about the importance **“Women health, Diet & Yoga Awareness Program”**.

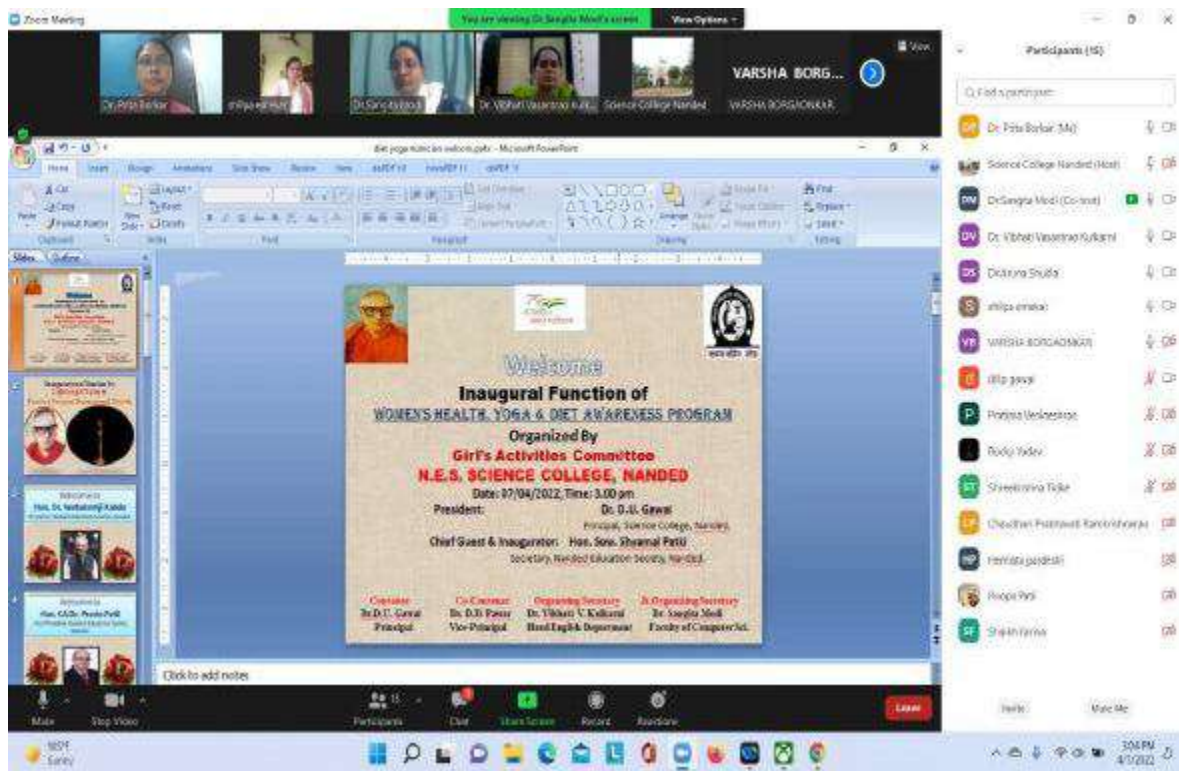
Then, the Chief Guest & Inaugurator of this program, Hon. Sow. Shyamal Patki, madam Secretary, Nanded Education Society, Nanded, enlightened us with the valuable information about the health & diet by sharing her own experiences. Also, she encouraged the faculty to take more offline programs like this for the benefit of the students.

The Presidential address was given by Hon. Dr. D.U. Gawai sir, Principal of Science College, Nanded. He provided us with the importance of the knowledge about the yoga and health.

Lastly, the program was concluded with Dr. Mrs. Sangita Modi by delivering the vote of thanks. The program was anchored by Mrs. Shilpa Emekar Madam.

Mrs. Harshada Khandekar and Mrs. Dr. Rupali S. Shirvalkar talked on “Women Health, Diet & Yoga Awareness Program”. After the thoughtful discussion by the eminent resource persons, question and answer session was conducted.

Glimpse of Zoom Platform



Feedback Form

<https://forms.gle/YruSCevxa9XS9CYs9>

The image shows a Google Forms editor interface. The form title is "Feedback form one day seminar program on Womens Health, Yoga & Diet". The form description is blank. The first question is "Email*", which is a required text question. Below it, there is a "Valid email" label and a link to "Change settings". The second question is "Name of participants", which is a required short answer text question. The third question is "Name of college*", which is also a required short answer text question. The interface includes a toolbar on the right with icons for adding, deleting, and duplicating questions. The browser's address bar shows the form's URL: docs.google.com/forms/d/1QLdFRpQjK/ECtGy4wCSkzofJ_OITykNreSfdQanu4/edit. The Windows taskbar at the bottom shows several open documents and the system tray with the date 4/21/2022 and time 1:51 AM.

Feedback form one day seminar program on Womens Health, Yoga & Diet

Form description

Email*

Valid email

This form is collecting emails. [Change settings](#)

Name of participants *

Short answer text

Name of college *

Short answer text

Activate Windows. Go to Settings to activate Windows. [Show all](#)

Minute to Minut...docx | Harshada A Khand...pdf | D.Rupali brodate...docx | ISComputerScien...pdf | ComputerScOptB...pdf

1:51 AM
4/21/2022

Certificate of Women Health, Diet & Yoga Awareness Program



SCIENCE COLLEGE, NANDED
Organized By
Girl's Activities Committee

Women's Health, Yoga & Diet Awareness Program

Certificate
Vaishnavi Rajurkar

This is to certify that Mrs./Miss.....
has participated in one day National Seminar, on "Women's Health, Yoga & Diet Awareness Program", held on Date:07/04/2022, organized by Girls Activity Committee, Science College, Nanded.

 Convener Dr.D.U. Gawai Principal	 Co-Convener Dr. D.D. Pawar Vice-Principal	 Organizing Secretary Dr. Vibhati V. Kulkarni Head, English Department	 Jt.Organizing Secretary Dr. Sangita Modi Computer Department
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PRINCIPAL
Science College, Nanded



A Report

on

Brahamibhoot Swami Ramanand Teerth

State Level Intercollegiate Debate

Competition

Date: 22 Jan 2022

Organized by
NES Science College, Nanded

(Affiliated to Swami Ramanand Teerth Marathwada University, Nanded)
(Reaccredited with "A" grade by NAAC with (CGPA 3.38) 3rd Cycle, CPE
Status, DST-FIST, Best College Award (SRTMUN) NIRF 72nd Ranking (Year-2017)

Website: <https://sciencecollegenanded.org/>

A Report

Brahamibhoot Swami Ramanand Teerth State Level Intercollegiate Debate Competition {56th} was organised on 22 Jan 2022. It was organised in online mode through 'Zoom meet app' due to Corona Pandemic limitations. The debate competition began with an inaugural speech from the Chief Guest Hon. Prof. Mrs. Shyamal Patki, Secretary, Nanded Education Society. Dr. D. U.Gawai , Principal addressed the participants on this occasion. The programme was anchored by Dr. Rekha Wadekar. Mrs.Shilpa Emekar expressed Vote of thanks. 20 participants were participated in this competition from the different parts of Maharashtra. Dr. Bharat Kachre, Dr.Kumar Kharat, Prof. Balaji Patange played an important role as the judges for this competition. Prize Distribution was organised on 23rd February 2022 in offline mode by the auspicious hands of Hon. Principal Dr. D.U Gawai. Vice Principal Dr. D. D. Pawar, vice principal (Jr) Prof. E. M. khillare. All committee members were present on this occasion. Non Teaching Staff members Mr. Ganesh Ghatole, Mr. Kem Rase, Kapure, Ravi Gajbhare, Tukaram Gajbhare, Shankar helped a lot to conduct this event successfully.

The following students got prizes.

First Group Prize (Rs.5000 and permanent Shield for College):-

Tejaswini Panchal & Akshay Ilke

Night College of Arts and Commerce, Ichalkarnji

Second Group Prize (Rs 3000):-

Chandni Jiglekar ,&
Krishna Tidke,

Narayanrao Chavan Law College Nanded

Third Group Prize (Rs 2000):-

Prathmesh Telang &
Venketesh Ingole
N.E.S Science College, Nanded.

Special Prize (Rs 1000):-

Akhib Hamid Pathan, Swami Ramanand Teerth College, Ambajogai .

Following committee members worked hard to conduct this competition smoothly:-

Dr .A. S. Bansode,

Dr. Mrs.V. V. kulkarni

Dr. V.B. Chavan,

Prof. Mrs. S. S. Choudhari

Prof. S. N. Barole

Dr. Mrs. Rekha Wadekar

Prof. Mrs. Shilpa Emekar

Prof. K. S. Dhutmal

Prof. Tukaram Boinwad



Brochure

महाविद्यालया विषयी
 नॉर्दह एज्युकेशन सोसायटी संशोधन साधना केंद्राने, नॉर्दह एज्युकेशन सोसायटीच्या उच्चतर शि्षण क्षेत्रात महाविद्यालय आहे. महाविद्यालयाची स्थापना देशातच मुक्तीयुद्धातच प्रेरिते व्हावी दामोदर तीर्थ यांनी १९५० साली केली. महाविद्यालयाचा गैर प्रयोग म्हणजे "अ" स्तरावरून मिळवले आहे.
 या महाविद्यालयात ११ वे पाठ्यक्रम पीएच. डी. परीक्षेचे विद्यार्थी मिळे व्हावे. या महाविद्यालयात परीक्षा नंतर १५ दिवस व परीक्षा नंतर १५ दिवस विश्र्वीयने प्रगत, संगीतज्ञान हे महाविद्यालय महतीच अंशकार आहे. महाविद्यालयाचे अनेक माती विद्यार्थी विविध देशात उच्च शि्षण कार्यरत आहे.


स्पर्धीची संकल्पना

व्यापी समाज संशोधन क्षेत्रातच मुक्ती युद्धात यशस्वी संशोधन शक्तीचा समाज उच्च शि्षणार्थी संघ स्पर्धी म्हणून नॉर्दह एज्युकेशन सोसायटीची स्थापना केली. या संशोधनक्षेत्रात नॉर्दह येथे शि्षण साधना, शि्षण क्षेत्रात आणि साधना क्षेत्रात चालविण्यात येते.
 नॉर्दह एज्युकेशन सोसायटी संशोधन साधना केंद्राच्या वतीने सन १९५२ सालीच ब्रह्मभूत स्वामी रामानंद तीर्थ अंतर-महाविद्यालयीन शि्षणार्थी स्पर्धी आयोजित करण्यात येत आहे.
 या शि्षणार्थी स्पर्धी परीक्षा लाभत्यांमधून ही स्पर्धी महाविद्यालय प्रवेशार्थी आणि आहे. या स्पर्धीत एक वेगवेगळी प्रकृतीत लोभनी आहे. या स्पर्धी ३ घातांनी स्पर्धीत प्रथम रोल पारितोषिक देण्यात येत आहे आणि प्रथम शि्षण क्षेत्राच्या संशोधन महाविद्यालयात शि्षणार्थी संघ देण्यात येते.
 ब्रह्मभूत स्वामी रामानंद तीर्थ राजस्थानी शि्षणार्थी व अंतर महाविद्यालयीन प्रकृतीत अशा शि्षणार्थी स्पर्धी आयोजित महाविद्यालयाचा संघ पाठ्यक्रम विश्र्वीयच्या मुलास प्रकृती उपलब्ध करून देणे ही मक मिळती.

From: _____
 To: _____
 Principal,
 N.E.S. Science College, Smt. Nagar, Nandgaon,
 Website: www.sciencecollegeindia.org
 E-mail: principal@sciencecollegeindia.org

ब्रह्मभूत स्वामी रामानंद तीर्थ
आंतरमहाविद्यालयीन
राज्यस्तरीय ऑनलाईन शि्षणार्थी स्पर्धा
२०२१-२२
(वर्ष १६ वे)
दिनांक: ११ जानेवारी २०२१
वेळ : सकाळी १०.०० वाजता



नॉर्दह एज्युकेशन सोसायटीचे
सायबर्स कॉलेज, नॉर्दह
 (NAAC "A" with CGPA 3.38, DST-FIST, NIRF-72, CPE Status, Best College Award (SRIMUN))
 ----- शि्षण -----
स्वातंत्र्याच्या अमृतमहोत्सवी वर्षापर्यंत भारत
लोकशाही सुन्ये रुजली आहेत / नाहीत.

***स्पर्धीचे नियम आणि अटी-**

- स्पर्धी ही ऑनलाईन पद्धतीने झूम अॅपद्वारे घेण्यात येईल.
- प्रत्येक स्पर्धीकरता ७ मिनिट (५+२) इतका वेळ देण्यात येईल.
- महाविद्यालयातील कोणत्याही विद्यार्थीसाठी लोभनी व शि्षणार्थीसाठी समन्वित महाविद्यालयातील परीक्षा व परीक्षानंतर शि्षण क्षेत्राच्या शि्षणार्थीस सहभाग नोंदवता येईल.
- या स्पर्धीतील भाषण सगळी हिंदी किंवा इंग्रजी स्पर्धी कोणत्याही एक भाषेतून करता येईल.
- प्रत्येक महाविद्यालयातील शि्षणार्थी वर्ष २०२१-२०२२ मध्ये प्रवेश असणाऱ्या कोणत्याही दोन शि्षणार्थीच्या एक संघास सहभाग नोंदवता येईल. संघातील एका स्पर्धीकराने शि्षणार्थी अन्वुकरून जाऊन आणि दुसऱ्या स्पर्धीकराने प्रतिकूल जाऊन असली मते मांडावीत.
- सहभागी होऊ इच्छिणाऱ्या शि्षणार्थींनी आपली नावे महाविद्यालयमार्फत नोंदवावीत. त्यासाठी म्हा. पाठ्यक्रमात सही व शि्षणार्थी संघासाठी समतीपत्र आणि स्वतःचे महाविद्यालयीन ओळखपत्र सुन्य परीक्षेसाठी (PDF/JPEG) अपलोड करावे.
- स्पर्धीत सहभागी होण्यासाठी शि्षणार्थीना कोणत्याही शुल्क आकारले जाणार नाही.
- इच्छुक शि्षणार्थींनी १५ जानेवारी २०२१ रोजी सायंकाळी ५:०० वा. पर्यंत Google Form* द्वारे नोंदणी करावी.

Registration Link:

- स्पर्धीविषयी अधिक माहिती नावनीदणी केल्यानंतर Whatsapp द्वारे कळविण्यात येईल.
- परीक्षासंधर्भात निर्णय अंतिम राहिल.
- स्पर्धीत विजयी झालेल्या विजेत्यांना महाविद्यालयात आमंत्रित करून सन्मानपूर्वक पारितोषिक देण्यात येईल. अशा वेळीच या प्रजास खर्च ई. संबंधित शि्षणार्थीस महाविद्यालयास करावा लागेल.

***विशेष सूचना :** • प्रथम ऑनलाईन पद्धतीने नाव नोंदणी करणाऱ्या फक्त १० संघास स्पर्धीत सहभागी होता येईल.
 *संयोजन समिती-

प्रमुख आयोजक
 डॉ.डी. सु.गवई
 प्राचार्य, एन.ई.एस.सायबर्स कॉलेज, नॉर्दह.

डॉ.डी. पी. पवार
 उपप्राचार्य, वीरेश महाविद्यालय
 प्रा.ई.एम.विल्सारे
 उपप्राचार्य, कनिष्ठ महाविद्यालय

प्रौ.संदिपान वनवे (संयोजक)
 डॉ.ए. एस. बनसोडे
 डॉ.सी.पी. व्ही.कुलकर्णी
 डॉ.रहीबी चव्हाण
 प्रा.सी.एस.एस.वीधरी

प्रौ.सी.रेखा लांडकर
 प्रा.सी.शिखा एमकर
 प्रा.के.एस.धुतमल

*अधिक माहितीसाठी whatsapp संपर्क :-

डॉ. संदिपान वनवे 9403883260

*पारितोषिक-

- *साधक प्रथम पारितोषिक रु. ५०००/- आर् महाविद्यालयासाठी त्याची टाक.
- *साधक दुसरीय पारितोषिक रु. ३०००/-
- *साधक तृतीय पारितोषिक रु. २०००/-
- *विशेष पारितोषिक (एक) वैयक्तिक प्रथम (विजयी सहाय्यतिरिक्त) रु. १,०००/-

Certificate



नांदेड एज्युकेशन सोसायटीचे सायन्स कॉलेज, नांदेड

(NAAC "A" With CGPA 3.38, DST-FIST, NIRF-72)
CPE Status, Best College Award (SRTMUN)

ब्रम्हीभूत स्वामी रामानंद तीर्थ राज्यस्तरीय आंतर महाविद्यालयीन

वादविवाद स्पर्धा

२०२१-२२ (वर्ष ५६ वे)

प्रमाणपत्र

प्रमाणित करण्यात येते की, श्री./कु.

वर्ग महाविद्यालय

यांनी दिनांक २२ जानेवारी २०२२ या दिवशी संपन्न झालेल्या ब्रम्हीभूत स्वामी रामानंद तीर्थ राज्यस्तरीय आंतर महाविद्यालयीन वादविवाद स्पर्धेमध्ये सांघीक प्रथम / सांघीक द्वितीय / सांघीक तृतीय / वैयक्तिक प्रथम क्रमांक प्राप्त केल्याबद्दल/ सहभाग नोंदविल्याबद्दल हे प्रमाणपत्र देण्यात येत आहे.




प्रा.डॉ. संदिपान वनवे
संयोजक
वाङ्मय मंडळ


प्राचार्य, डॉ. डी.यू. गवई
प्रमुख आयोजक,
एन.ई.एस. सायन्स कॉलेज, नांदेड.




PRINCIPAL
Science College, Nanded

1.Essay and Poetry Competition: (D.07/04/2022)

Department of English has organized essay and poetry competition on D. 7/4/2022 at 9.00 a.m. on D. 7/4/2022.



Topic for poetry competition:

- To Youth
- Happiness
- Any topic

Topic for essay competition

- If I Would Start a Business
- My Three Mistakes in Life
- New Inventions in India

List of Participants

1	Vasudha D. Pathak	B.Sc. II
2.	Mohini Shivanand Tawar	B.Sc. II
3.	Deepali Chandrakant Bhise	B.Sc. II
4.	Muskan Luthra	B.Sc. II
5.	Sharvari Kulkarni	B.Sc. II
6.	Kalayani Dilip Kulkarni	B.Sc. II
7.	Pawade Vaishnavi Parushottum	B.Sc. II
8.	Shrawani Bipinchandra Dandawate	B.Sc. II
9.	Vaishnavi A. Shinde	B.Sc. II
10.	Gunwat Maya M.	B.Sc. II
11.	Rutiuja Wnajari	B.Sc. II

12.	Bhanjane Sneha	B.Sc. II
13.	Gaikwad Madhavi Mantri	B.Sc. II
14.	Ashitosh Shesherao Ghatole	B.Sc. II
15.	Swaraj Naik	B.Sc. III
16.	K.S. Ingole	B.Sc. II
17.	Ritesh Maske	B.Sc. II
18.	Rase Gangaram	B.Sc. II
19.	Dhanve Akash Kailas	B.Sc. II
20.	Lokhande Mangesh Sainath	B.Sc. II
21.	Akolkar Varad Bhaskarrao	B.Sc. II
22.	Shinde Bhagavat Ashokrao	B.Sc. II
23.	Tushar Dhananjay Kumbhar	B.Sc. II
24.	Sarje Sainath Sanjay	B.Sc. II
25.	Subodh Sanjay Kavthekar	B.Sc. II
26.	Pradip A Manohare	B.Sc. II

Name of Prize Winners

2.Essay Competition

1	Swaraj Naik	B. Sc. III	I Prize
2	Shrawani Bipinchandra Dhandwate	B. Sc. II	I Prize
3	Vaishnavi Arun Shinde	B. Sc. II	II Prize
4	Pradipkumar Arvind Manohare	B. Sc. II	II Prize
5	Mohini Shivanand Tawar	B. Sc. II	III Prize

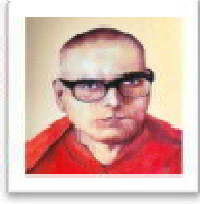
Name of Prize Winners

3.Poetry Competition

1	Swaraj Naik	B. Sc. III	I Prize
2	Kalyani Dilip Kulkarni	B. Sc. II (Biotechnology)	II Prize
3	Sainath Sanjay Sarje	B. Sc. II	II Prize
4	Shravari Kulkarni	B. Sc. II	III Prize
5	Aakash Kailash Dhanve	B. Sc. II	III Prize



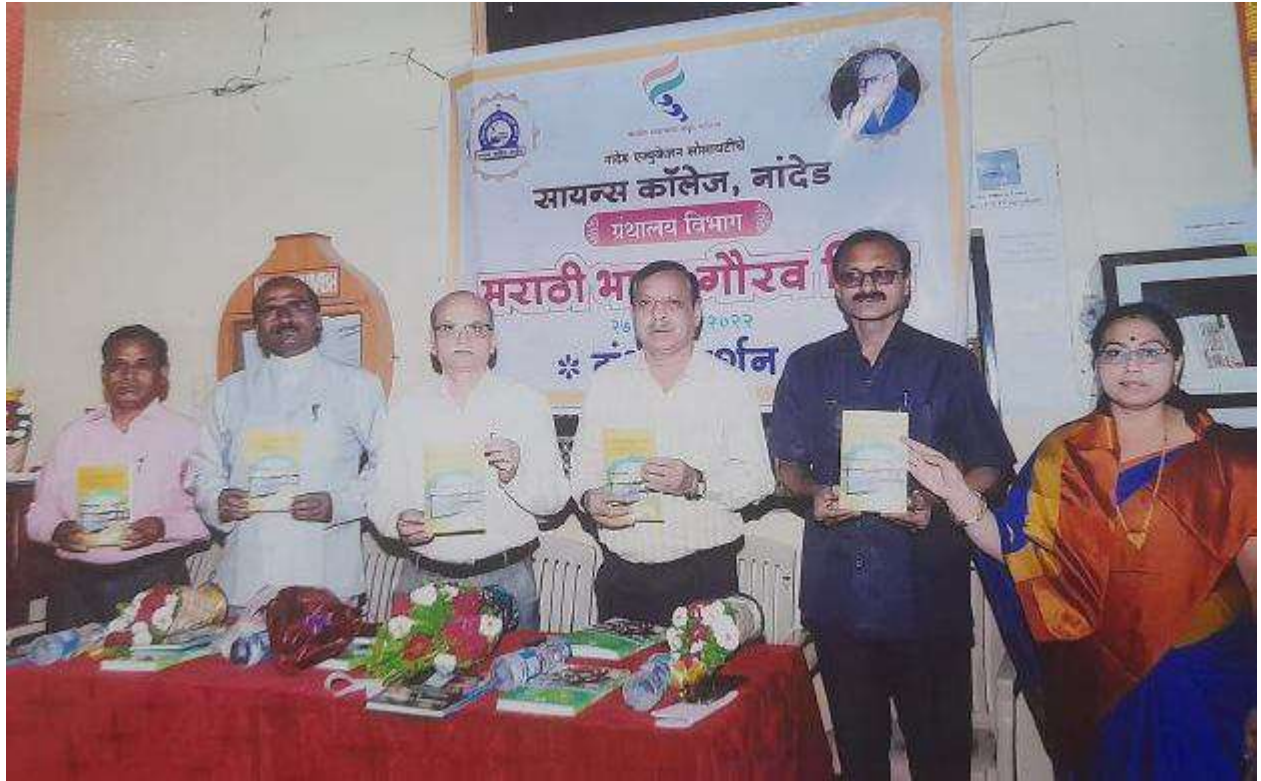
A. Dhanve
PRINCIPAL
 Science College, Nanded



Nanded Education Society's
Science College, Nanded



Marathi Bhasha Gaurav Din celebrated on D. 2nd& 3rd March, 2022, organized by Department of Marathi and department of Library. CA. Dr. Pravin Patil, Vice-President, Nanded Education Society was chief Guest of the programme and Dr. D. U. Gawai, Principal was president of the programme. Vice-principal Dr. D. D. Pawar, Dr. A. R. Shukla, Shri. E. M. Khillare, Dr. V. V. Kulkarni and Dr. S. L. Jadhav, Librarian of Science College were present for this programme.



D. U. Gawai
PRINCIPAL
Science College, Nanded

Report of



One Day National Seminar On Positive thinking through Yoga & Meditation

26th January 2022

Time: 11.00am to 1.00pm

Online Mode: Zoom Platform

Organized by

Department of Sports

N.E.S's Science College,

Nanded 431605

Tel: 02462-251648

Fax No.: 02462-250465

www.sciencecollegennd.org

Report of



One Day National Seminar

On

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Tel: 02462-251648

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www.sciencecollegennd.org

Patrons:

Hon. Dr. Venkatesh R. Kabde,
President, Nanded Education Society's

Hon. C.A Dr. Pravin S.Patil
Vice President, Nanded Education Society's

Hon. Mrs. Shyamal D. Patki
Secretary, Nanded Education Society's

Hon. Prafulla Kumar Agrawal,
Jt Secretary, Nanded Education Society's

Convenor:

Dr. D. U. Gawai,
Principal
Science College, Nanded

Co-Convenor

Dr. L P Shinde

Organizing Secretary:

Dr. A. P. Borikar
Dr. Mohseena Thaseen

Organizing Committee

Dr.D.D.Pawar

Shr.E.M.Khillare

Prof .A.S.Bonsode

Dr.V.V.Kulkarni

Dr.K.S.Shillewar

Dr.V.R. Marathe

Dr.R.A.Muneshwar

Shri S.F.Gore

Shr.M.R.Durke

Mrs.Pooja S shitole

Resource Person

Shri. Chandrashekhar Fadnis

Tejgyan Foundation (TGF)

Pune, Maharashtra

Resource Person

Ms. Swarada Chandrashekhar Fadnis

Tej Gyan Foundation,

Pune, Maharashtra .

THE COLLEGE...

Poojya Swami Ramanand Teerth established "Nanded Education Society" in 1950 for catalyzing educational revolution in backward region of this Marathwada. N.E.S. Science College, a single faculty college of Nanded Education Society is one of the premier institution imparting quality educations to the students of this region since last 67 years. Swamiji in his vision of society emphasized the incorporation of spirit of enlightened and responsible citizenship in youth, essential for secular democratic India. The college is always poised to offer emerging contemporary education to the learners to fulfill the need of society as well as to meet global challenges. This institution has been on the forefront in pursuit of academic excellence and has attended potential for excellence (CPE) status from UGC. The college is DST-FIST sponsored and recently awarded as BEST COLLEGE AWARD by Swami Ramanand Teerth Marathwada University, Nanded.

The main objective and mission of college is overall development of students in all respect like academic, physical, mental, spiritual and moral to build up good citizen for the Republic of India. The college has lush green campus of 45 acres of land for curricular and co-curricular activities for stakeholders. The college offers 15 programs at UG level and 30-subject combinations. To keep pace with the advancement and diversification in the field of science and technology some applied subjects like integrated Computer Science, Biotechnology at UG, M.Sc. Biotechnology; and Herbal Medicine at PG level have been introduced.

Department of Sports :

Department of sports , Science College , Nanded has all the facilities for outdoor sports as well as well equipped indoor hall with 4 wooden courts and 400 meter running track with 10 lanes constructed under UGC-XI th plan. The department also have ground facility for volley ball, foot ball , circket , kabbaddi, khokho and well equipped gym etc

Sport department have organized west zone women's cricket tournaments, west zone table tennis tournaments we were honored by special guest for this tournament was Mr. kamlesh Mehta (arjun awardee)

Department of sport regularly organizes IUT(inter university tournaments), ICT(Indian Cricket Team) and IUT coaching camp , summer coaching camp for college & school students .

About the Seminar :

Positive thinking through Yoga & Meditation is the need of era .However we are going through very tough time of this CoVid-19 phase, where very second the feeling of losing is around us. As we are in lockdown for 2 year of time.

Thoughts are impenetrable, intangible, and personal, but they have enormous power to shape your life. According to studies from the University of Southern California's Laboratory of Neuro Imaging, you have up to 70,000 thoughts per day, happy and negative, compassionate and hurtful. Thoughts can make you feel hopeful and connected, as well as fearful and alone. They either makes you believe you're capable of great things or that you'll never amount to anything because you're helpless. Henry Ford, the inventor and vehicle pioneer, remarked, "Whether you think you can, or you think you can't, you're right."

Your body's reaction to your thoughts gives them a lot of power and influence. Your body responds to every idea you have, whether it's "I'm capable" or "I'm helpless," by secreting hormones that affect your entire nervous system. When you believe you are being threatened (for example, if you suspect someone is breaking into your home), your body releases cortisol to prepare you to fight or flee. Imagine yourself thoroughly relaxed (maybe snuggling with a cherished pet); in this state, your body creates oxytocin and serotonin, feel-good hormones that make you feel safe and secure.

So it stands to reason that if you can modify your perspective or change your thinking so that your thoughts are more positive, your body will respond by making you feel more cheery and connected to the world around you. It may appear simple, but genuinely changing your beliefs needs a great deal of focus, commitment, and courage. When it

comes to working with your thoughts. Your initial inclination may be to flee when you see that giant cat, but you should actually stand your ground and make yourself appear large in the face of the feline threat.—it will almost certainly pursue you. For example, "I'm powerless" and "I'm helpless" are two examples of negative thinking.

Through Meditation learning you try to calm your body and mind, your physical and emotional stress can melt away by Yoga. This leaves you feeling better, refreshed, and ready to face the challenges of your day with a healthy attitude. With regular practice over weeks or months, you can experience even greater benefits.

Call for Participation:

All the participants were informed by whatsapp message, which includes telegram chat link for further information of the event and circular attached to it. However message was circulated, with an overwhelming response .to this E-Media and social media platform

Preparation and Planning Meeting Conducted

Pre-preparation meetings were conducted ,main agenda were work distribution among the working Organizing meet , Two Meeting were conducted and demo was conducted on 8th January 2021 for expecting technical issues rectification if any arises

1. Anchoring Team was of BSc-III Year Students (**Mr.Swaraj Naik & Mr.Shreyas**)
2. Technical –Regarding Social Media Messages and queries / Registration /Feedback /Telegram Link /Certificate/E-Content/ Letters for Keynote speaker/ resource person invitation/thanks letters was headed By Dr.Mohseena Madam
3. Hosting and Live Streaming live session was headed By Dr. A. P. Borikar sir & Mr.Ghatole Ganesh
4. Resource Speaker Managing was headed by Dr.Mohseena & Mrs .Pooja .S.Shitol
5. Setting arrangements /Recording Tools /Schedule headed by Prof. Dr L.P.Shinde sir Co-Convenor

First Meeting was conducted on 3/01/2022 at Department of Sports , NES Science college at 1.00pm the main minutes of meeting was - progress of preparation of One Day National Seminar on Positive thinking through Yoga & Meditation was discussed, the difficulties were brought forwarded was resolved by Co-Convenor and Convenor Principal sir

Meeting was attended by

1. Prof..Bansode A S
2. Prof.Shinde LP
3. Dr.Mohseena Thaseen
4. Mrs .Pooja .S.Shitol

The Message circulated among the participants for registration

Greetings From Science College, Nanded, Maharashtra

**** Azadi Ka Amrit Mahotsav ****

Nanded Education Society's

SCIENCE COLLEGE, NANDED

Department Of Sport

Organizing an * One-Day National Seminar *

Titled:* Positive Thinking through Yoga & Meditation*

Day: Wednesday

Date: 26th January 2022

Time: 11.00am.-1.00 p.m.*

Resource Person:

1. Shri. Chandrashekhar Fadnis

Tej Gyan Foundation ,

Pune , Maharashtra .

2. Ms. Swarada Chandrashekhar Fadnis

Tej Gyan Foundation, Pune

E-certificates will be provided, NO REGISTRATION FEE to all those who register and send their response by filling the feedback forms.

All are requested to register by using the following link –

<https://forms.gle/ffjQ6SJ63ptNY5hE7>

After successful registration, join the following Telegram link for further updates of the session:

<https://t.me/+hstYdmTQQQuExOWU9>



Dr.D.U Gawai

Convenor

NES Science College , Nanded, Maharashtra

In case of query,contact:

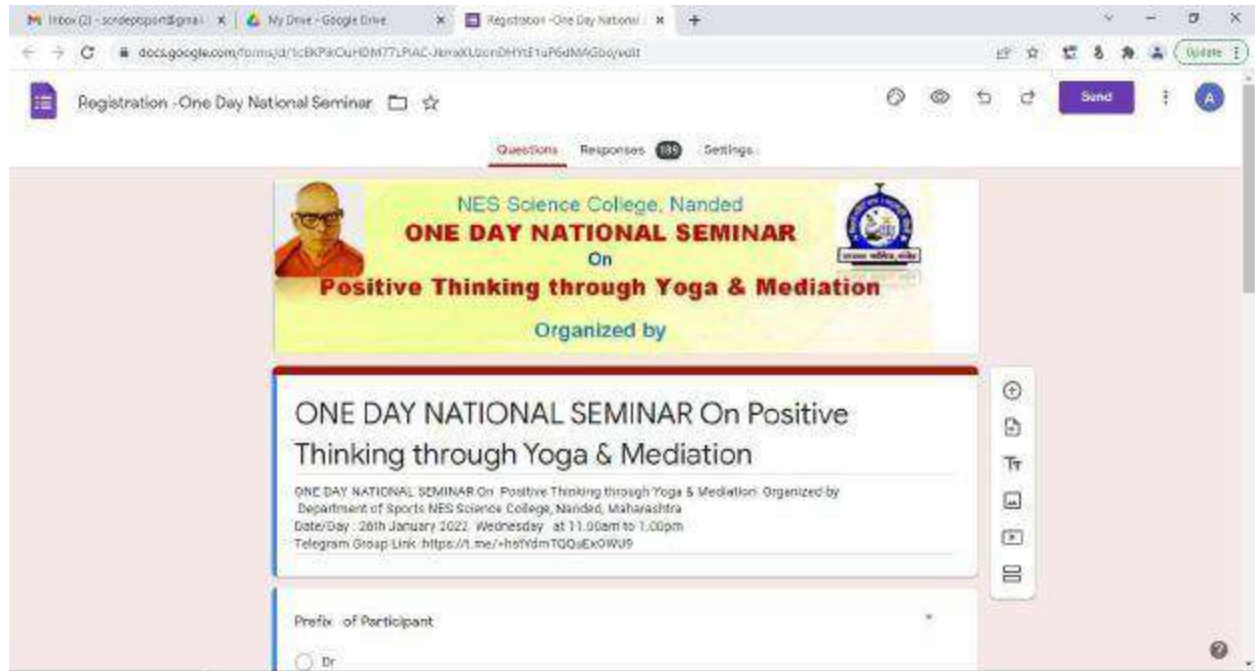
I)Ghatole Ganesh: (9766450266)

We request you to circulate this message among your groups to create awareness.S

Registration Form:

The participants are requested for registration through online by providing

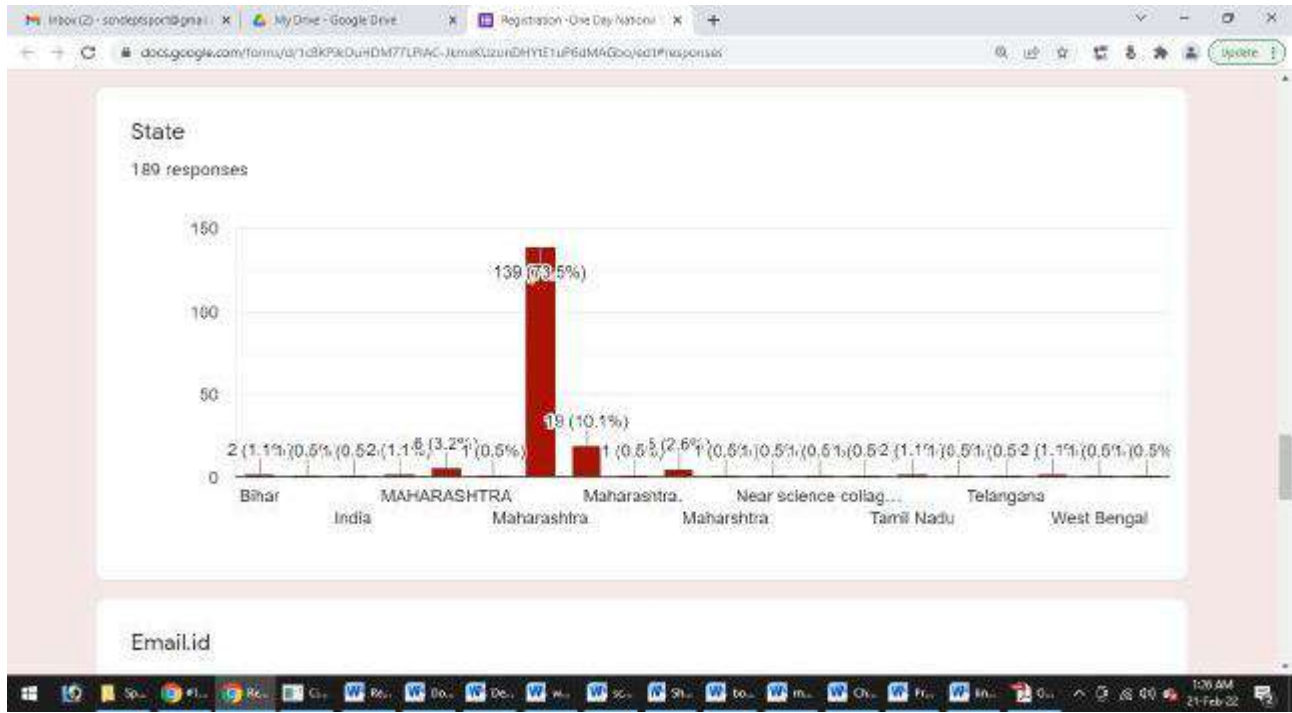
Registration Link : <https://forms.gle/ffjO6SJ63ptNY5hE7>



The screenshot shows a Google Forms interface in a browser. The form title is "Registration - One Day National Seminar". The main content area features a yellow banner with a photo of a man and the text: "NES Science College, Nanded ONE DAY NATIONAL SEMINAR On Positive Thinking through Yoga & Meditation Organized by". Below the banner, there is a white box containing the seminar details: "ONE DAY NATIONAL SEMINAR On Positive Thinking through Yoga & Meditation", "ONE DAY NATIONAL SEMINAR On Positive Thinking through Yoga & Meditation: Organized by Department of Sports NES Science College, Nanded, Maharashtra", "Date/Day : 26th January 2022, Wednesday at 11.00am to 1.00pm", and "Telegram Group Link: https://t.me/-hsYdmTQQsExOWU9". At the bottom, there is a field for "Prefix of Participant" with a dropdown menu showing "Dr".

All the participants were requested to register for the One Day National Seminar on Positive Thinking through Yoga & Meditation through the **Google form** as specified above link , as we received overwhelming response all over India as well as from abroad . The **total nearby 200 participants take part in it.**

The participants were from all over India representing Maharashtra participants were more than other state



All the participants registered for one day national seminar were ask to join telegram chat link , as it can accommodate 2,00000 participants , through a link

<https://t.me/+hstYdmTQQuExOWU9>



This chat group was created for last information delivered regarding zoom link , and live streaming Facebook link among the participants so as to join schedule for one day National seminar .

Designing of Online Organizing stuff:

Sr.No	E-Stuff For workshop	URL(Portal address)
1	Circular Boucher: For information	1. https://drive.google.com/file/d/1SSUIS6ZxgThQoxkm_3eUP7hBFkyWucHQ/view?usp=sharing 2. https://drive.google.com/file/d/1WbTImv9-EccyGWctu_UIsgEP4PTbSDck/view?usp=sharing
2	Google Form [Registration /Feedback]	Registration Form: https://forms.gle/Lf7oWCVgJEDIW6Hz9 Feedback Form: https://forms.gle/GtmoL2b6gmidc1nk7
3	Telegram Chat Group Link	https://t.me/+hstYdmTQQuExOWU9 
4	Zoom Platform Link scheduled on 26th January 2022 at 10.30 am	Online: Zoom Link: https://us02web.zoom.us/j/85740469041?pwd=ZGxnK3FFbHhjWVp3RXFic0FZSW1lQT09 Meeting ID: 857 4046 9041 Passcode: 9350999
5	Youtube link for live streaming	https://youtu.be/NhYtr1AGK68
6	Uploaded Certificate on cloud server	https://drive.google.com/drive/folders/1psOcRiydqnswr1Cs2U921eJR4getHD6?usp=sharing
7	Welcome slides .ppt file	https://docs.google.com/presentation/d/11wvy_vqnBZbgauWBpJH6khQ3dqlPZRF4/edit?usp=sharing&oid=110711357439708184246&rtpof=true&sd=true

Apart from the above link designing of certificate, invitation to Resource Person, welcome slides Preparation of Schedule, Finalization etc...

Messages /Information / instruction Released on Telegram & Zoom chat

Sr.No	Message /Information /Instruction On Chat
1	<p style="text-align: center;">Welcome Participant with Message</p> <p style="text-align: center;">Greetings From Science College, Nanded, Maharashtra ** Azadi Ka Amrit Mahotsav ** Nanded Education Society's SCIENCE COLLEGE, NANDED Department Of Sport Organizing an * One-Day National Seminar *</p> <p style="text-align: center;">Titled:* Positive Thinking Through Yoga & Meditation*</p> <p style="text-align: center;">Day: Wednesday Date: 26th January 2022 Time: 11.00am.-2:30 p.m.*</p> <p style="text-align: center;">Resource Person: 1.Shri. Chandrashekhar Fadnis Tej Gyan Foundation , Pune , Maharashtra .</p> <p style="text-align: center;">E-certificates will be provided, NO REGISTRATION FEE to all those who register and send their response by filling the feedback forms. All are requested to register by using the following link https://forms.gle/ffjQ6SJ63ptNY5hE7 After successful registration, join the following Telegram link for further updates of the session:</p>

<https://t.me/+hstYdmTQQuExOWU9>



Dr.D.U Gawai
Convenor
NES Science College , Nanded, Maharashtra

In case of query,contact:
I)Ghatole Ganesh: (9766450266)

We request you to circulate this message among your groups to create awareness.

2

Live Streaming

Dear Participants,
Greetings,

Department of Sports , NES's Science College, Nanded

Topic: **Positive Thinking Through Yoga & Meditation**

If participants are **unable to join the Zoom meeting, please join Youtube link for live streaming**

<https://youtu.be/NhYtr1AGK68>

Watch live on youtube at

4

Feedback

Dear Participants,

You all are requested to provide your Valuable Feedback of the One Day National Seminar on **Positive Thinking Through Yoga & Meditation** organized by department of Sports N.E.S's Science College, Nanded431605, Maharashtra

.Through the following link:

<https://forms.gle/GtmoL2b6gmidc1nk7>

After filling the form, when you press SUBMIT button, the e-certificate link will

	<p>be visible. Click the link, from the list of the certificate; find your name and Corresponding certificate number. Download your certificate form the folder</p> <p>Feedback form link:</p> <p>https://drive.google.com/drive/folders/1psOcRiydqnsjwr1Cs2U921eJR4getHD6?usp=sharing</p>
5	<p>Certificate link:</p> <p>https://drive.google.com/drive/folders/1psOcRiydqnsjwr1Cs2U921eJR4getHD6?usp=sharing</p>

One-Day National Seminar

On

Positive Thinking through Yoga & Meditation

Event Organized

on

26th January 2022

Online: Zoom Platform

<https://us02web.zoom.us/j/85740469041?pwd=ZGxnK3FFbHhjWVp3RXFlc0FZSW1lQT09>

Meeting ID: 857 4046 9041

Passcode: 935099

Organized by

Department of Sports

Nanded Education Society's

SCIENCE COLLEGE, NANDED

(Re-accredited with 'A' grade by NAAC in 3rd Cycle; College with Potential

for Excellence; Best College Award of S.R.T.M. University, Nanded)

Website: www.sciencecollegenanded.org

PROGRAM SHEET

Nanded Education Society's

SCIENCE COLLEGE, NANDED

One-Day National seminar

Positive Thinking through Yoga & Meditation

Inaugural function

On

26 January 2022 at 11.00 am

Online: Zoom Link:

<https://us02web.zoom.us/j/85740469041?pwd=ZGxnK3FFbHhjVWp3RXFlc0FZSW1lQT09>

Meeting ID: 857 4046 9041

Passcode: 935099

S.No	Time	Event
1	11.00 am to 11.10am	Welcome of Dignitaries By Mr.Swaraj Naik & Mr.Shreyas (BSc Students) Brief About the One day National Seminar By -Dr. Mohseena ,Organizing Secretary
2	11.11 am to 11.20 am	Welcome address By Principal , Dr.D.U.Gawai
3	11.21am to 11.30 am	Chief Guest Address By Hon. Mrs. Shyamal D. Patki Secretary, Nanded Education Society's
4	11.31am to 11.35pm	Presidential Address by Hon. Dr. Venkatesh R. Kabde, President, Nanded Education Society's, Nanded
5	11.36am to 11.46am	Shri. Vijay.shriramwar Introduction to Tej Gyan Foundation , Pune
6	11.47am to 12.30 pm	Introduction of chief Guest &Resource Person By Mr.Shreyas Shri. Chandrashekhar Fadnis Tej Gyan Foundation , Pune
7	12.31pm to 12.50pm	Introduction of Resource Person By Mr.Sheyas Ms. Swarada Chandrashekhar Fadnis Tej Gyan Foundation, Pune
8	12.51pm to 1.00pm	Vote Of Thanks BY Dr. A. P. Borikar HoD Department of Sport

Dr. A. P. Borikar
Organizing Secretary

Dr. Shinde L.P,
Co-Convenor

Dr.D.U.Gawai
Principal & Convenor

Inauguration function:

The program was initiated on Zoom Platform with 71 participants & 23 live streaming at youtube , by BSc-II Yr Students Mr.Swaraj Naik & Mr.Shreyas the event was begin by welcoming Presidential Hon. Dr. Venkatesh R. Kabde, sir, President, Nanded Education Society's, Nanded, Chief Guest Hon. Mrs. Shyamal D. Patki Madam Secretary, Nanded Education Society's, Nanded Respected Dr.D.U Gawai Sir Principal & Convener, Prof. Shinde L.P. Co-Convenor , Dr. A. P. Borikar,& Dr.Mohseena Thaseen Organizing Secretary Resource Speaker Shri. Chandrashekhar Fadnis,Tej Gyan Foundation , Pune Resource Speaker–Ms. Swarada Chandrashekhar Fadnis Tej Gyan Foundation, Pune & dear colleagues and all Participants .The opening of seminar was conducted by virtual lightening of lamp and floral tribute to–Poojya Swami Ramanand Teerth followed by floral welcome dignitaries , and followed by brief About the Workshop by - Dr. Mohseena Madam, Coordinator, then followed by Welcome address By Principal , Dr.D.U.Gawai Sir , in his address gave a brief introduction of institution and stated the objectives of Positive Thinking through Yoga & Meditation .Followed by Presidential Address by Hon. Dr. Venkatesh R. Kabde sir , President, Nanded Education Society's, Nanded - In his presidential address he encouraged the Awareness activities in institutions among the young researchers ,even he lay stress of Positive Thinking through Yoga & Meditation Every situation demands a different kind of response. If you develop attitudes of positive thinking, it may work well in one situation. But in another kind of situation you will do stupid things, because you have a prejudiced idea that you have to be in a certain way. If you go on thinking positive at the wrong place, the worst things may happen to you. There is no need to be positive. There is no need to be negative, either. Just be aware. If you are aware, you will perceive a situation just the way it is. When you perceive a situation the way it is, you can act to the best of your intelligence and capability. It is as simple as that. **One Day National Seminar on Positive Thinking through Yoga & Meditation inaugurated.**

Resource Speaker Shri. Chandrashekhar Fadnis ,Tj Gyan Foundation , Pune working as member of Tej Gyan Foundation.

Resource Speake- Ms. Swarada Chandrashekhar Fadnis , Tej Gyan Foundation, Pune

Now we were in last phase of event , where Dr.Mohseena Madam made Important Announcements regarding E-certificate which was uploaded on Google cloud server and instructions were given how to download their respective certificates : however a folder was upload on server with all participant file giving information of participants ,As per their registration & the same sr.no is allotted to their respective certificate.

Now it was Vote of thanks given by Dr. A. P. Borikar, HoD Department of Sport

The outcomes of one Day National Seminar on Positive Thinking through Yoga & Meditation was to create awareness in the teachers, students and all the stakeholders of the society to understand that mediation . This is evident from some of the comments given by the participants.

Any suggestion

41 responses

No

Very nice

Nil

The kids from college should be taken to the yoga competition

None

Organize international conferences.

Informative session

Any suggestion

41 responses

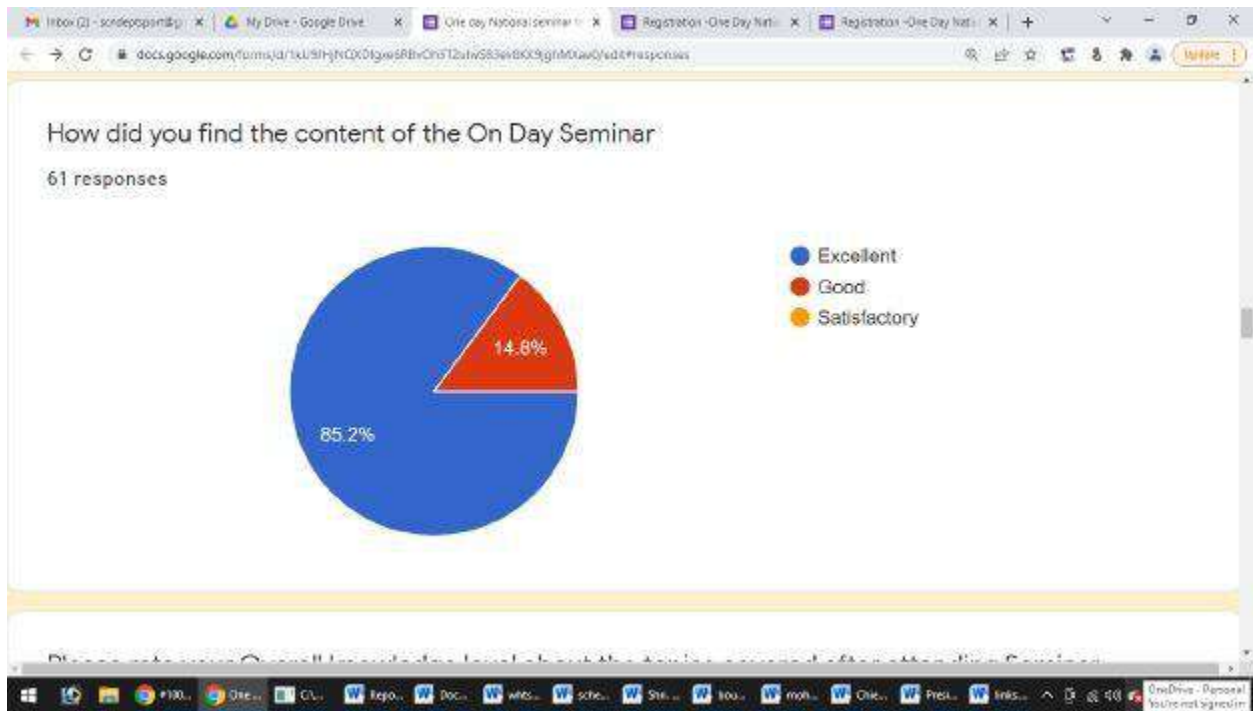
Good seminar

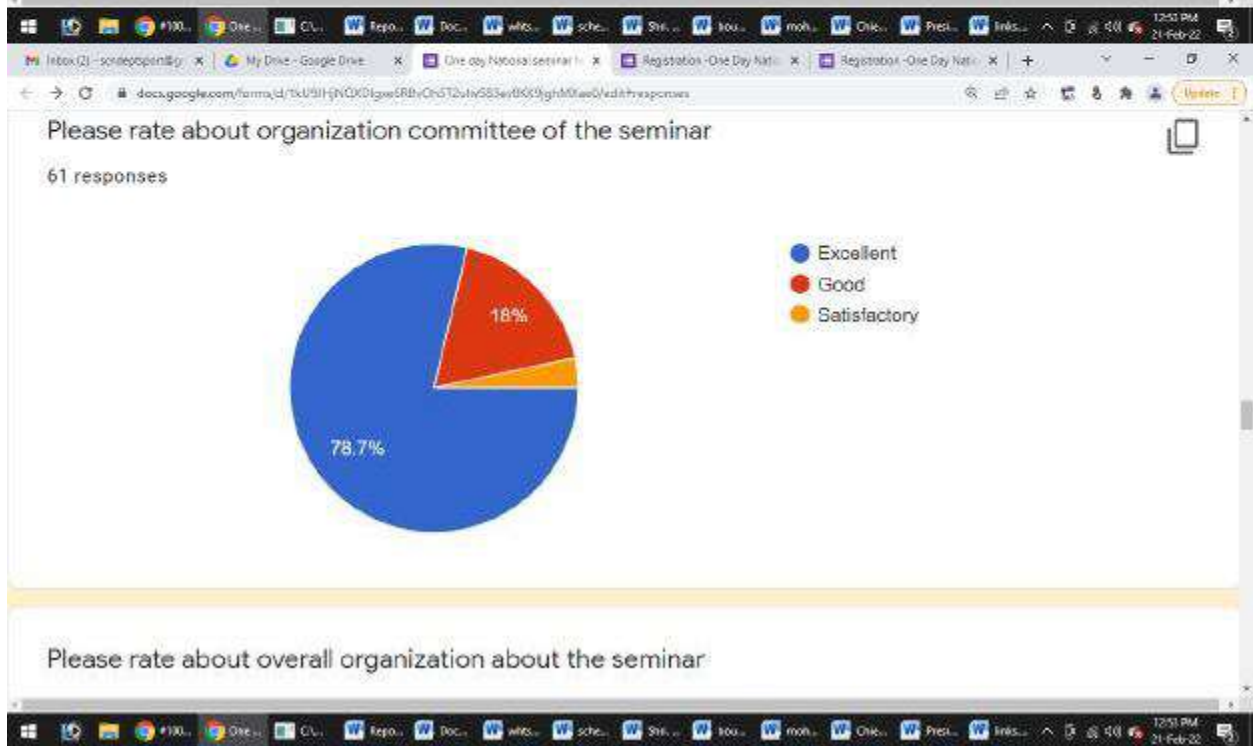
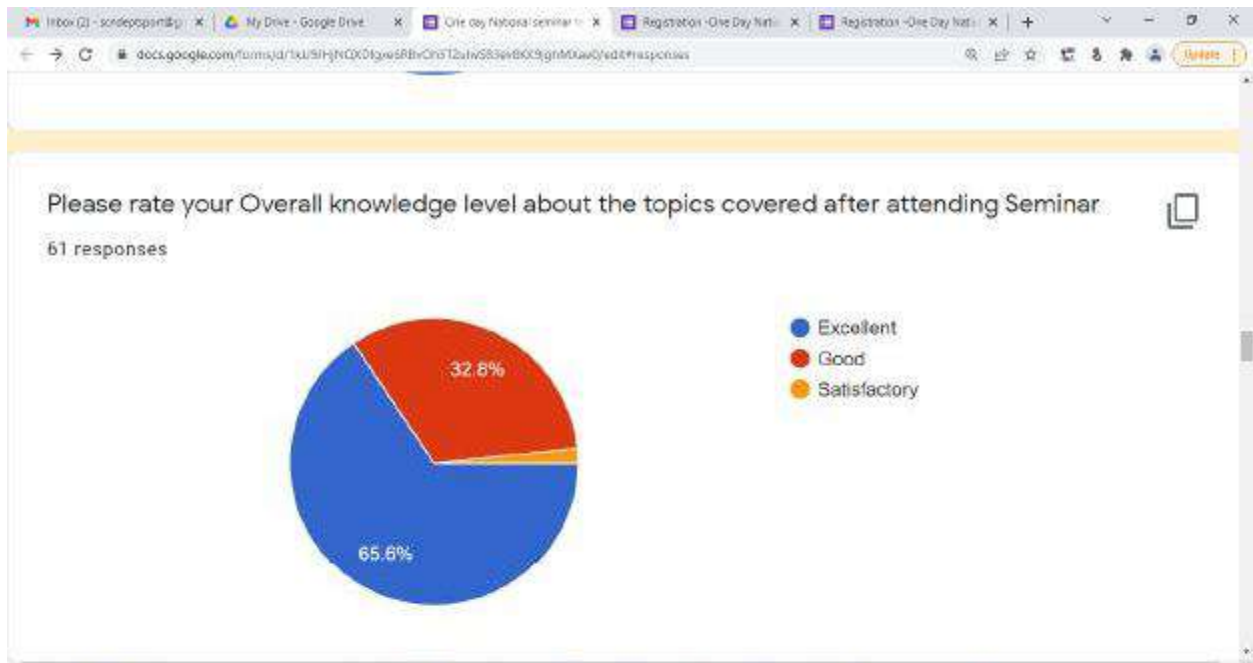
Nothing to SuggestBut last several Days I'm suffering from Some Mental health issues ... After Attending your Seminar I Feel Relief ... Thank you Soo much Sir & Mam..One More Request Plz Conduct Offline Seminar

It was great, I came to know many things and I will practice meditation regularly.

Feedback of Participants:

The feedback of participants were very encouraging for international seminar, however all the participants were consistently were online for the complete session. Even requested to continue further in offline mode. Overall we received very responses of this seminar







R. No. F-12, 1962, 26/06/1950
UMF 1261, 13/10/1661

NANDED EDUCATION SOCIETY'S

SCIENCE COLLEGE, NANDED

(Affiliated to Swami Ramanand Teerth Marathwada University, Nanded)

(Re-accredited with "A" grade by NAAC (CGPA 3.38) 3rd Cycle, CPE Status, DST-FIST,

NIRF Ranking-72 (Year - 2017), Best College award SRTMUN)

P.O.Box No. 62, Sneh Nagar, Nanded - 431605 (MS, India) P (O) 02462 251648, 250465 Fax: 02462 250465

Email: principal@sciencecollegennnd.org, sciencecollege1950@gmail.com Web: www.sciencecollegennnd.org

Ref.No:SCN/2021-22/

Date: 24/01/2022

To,
Shri. Chandrashekhar Fadnis
Tejgyan Foundation (IGF)
Pune, Maharashtra

Subject: Invitation as chief Guest & Resource Person of the inaugural function of "One- Day National Seminar on Positive Thinking through Yoga & Meditation"

Respected Sir,

We are glad to inform that Department of Sport , Science College, Nanded, Maharashtra is going to organize a One-Day National Seminar On Positive Thinking through Yoga & Meditation" on 26th January 2022 at Zoom Platform (Online Mode) at 11.00am to create awareness of Positive thinking among Students, teachers and all the stakeholders associated with the college. through online mode (Zoom Platform)

It gives us immense pleasure to invite you as Resource Person of the inaugural function of One-Day National Seminar On Positive Thinking through Yoga & Meditation" on 26th January 2022 at Zoom Platform (Online Mode) at 11.00am

I am sure you will enlighten the participants with your views.

Sincerely Yours,

Dr. Dr. A. P. Borikar
Organizing Secretary

Dr. Shinde L.P
Co-Convenor

Dr. D. U. Gawai
Principal and Convenor

Encl: Schedule & Broucher of Seminar

Invitation Letter



R. No. F-12, 1962, 26/06/1950
UMF 1261, 13/10/1661

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Email: principal@sciencecollegennd.org, sciencecollege1950@gmail.com Web: www.sciencecollegennd.org

Ref.No: SCN/2021-22/

Date: 27/01/2022

To,
Mr. Chandrashekhar Fadnis
Tej Gyan Foundation ,
Pune , Maharashtra .

Subject: Obligated for Resource Person Speaker on One Day National Seminar on Positive Thinking
Through Yoga & Meditation on 26th January 2022

Dear Sir,

We would like to take this opportunity to express our heartfelt thanks to you for giving support as Resource Speaker - "One -Day National Seminar on Positive thinking through Yoga & Meditation, conducted by Department of Sports, NES Science College, Nanded, Maharashtra on 26th January 2022.

This National Seminar received an overwhelming response from different states of India. We appreciate your extended support in promoting the event at national level. Your contribution in delivering the sessions is remarkable for making this seminar as a successful event.

The participants were all delighted and thankful for the event. They learnt a lot about various positive thoughts though Yoga & Meditation together can help us to solve day -to -day challenges.

Thank you and we hope that we will have a long association with you.

Dr. Dr. A. P. Borikar
Organizing Secretary

Dr. Shinde L.P
Co-Convenor

Dr. D. U. Gawai
Principal and Convenor

Thanks letter

Nanded Education Society's
**SCIENCE COLLEGE,
NANDED**



**One-Day National
Seminar On
Positive Thinking
Through Yoga &
Meditation**

26th January 2022

Organized by
**Department of Sports
N.E.S's Science College,
Nanded 431605**

Tel: 91-22-2670 8520, 26707440,
2628 7250
Fax No. 91-22-26701422

www.sciencecollegennd.org
Dr. D. U. Gawai
Principal

THE COLLEGE...

Poojya Swami Ramanand Teerth established "Nanded Education Society" in 1950 for catalyzing educational revolution in backward region of this Marathwada. N.E.S. Science College, a single faculty college of Nanded Education Society is one of the premier institution imparting quality education to the students of this region since last 67 years. The college is always poised to offer emerging contemporary education to the learners to fulfill the need of society as well as to meet global challenges. This institution has been on the forefront in pursuit of academic excellence and has attended potential for excellence (CPE) status from UGC. The college is DST-FIST sponsored and recently awarded as BEST COLLEGE AWARD by Swami Ramanand Teerth Marathwada University, Nanded

Department Of Sports :
N.E.S. Science College, Nanded and S.R.T.M. University, Nanded have jointly organized West Zone Inter University Table Tennis (Men and Women) Tournament 3rd -8th October 2009-10 on the occasion of Diamond Jubilee celebration of Nanded Education Society, Nanded.

The Universities from West Zone of India are from Maharashtra, Rajasthan, Goa, Gujarat and Madhya Pradesh. In this Table Tennis Tournament around 64 boys and 64 girl's teams participated in this tournament. This is the first of its kind of organization of mega event at Nanded. The tournament has been successfully organized at Indoor Hall of District Sports Authority of India.

About the National Seminar

Focusing on positive thinking
You can learn to turn negative thinking into positive thinking. The process is simple, but it does take time and practice — you're creating a new habit, after all. Here are some ways to think and behave in a more positive and optimistic way:

Patrons:

Hon. Dr. Venkatesh R. Kabde,
President, Nanded Education Society's

Hon. Dr. CA Pravin S.Patil,
Vice President, Nanded Education Society's.

Hon. Mrs. Shyamal D. Patki
Secretary, Nanded Education Society's

Hon. Shri. Prafullakumar Agrawal
Jt Secretary, Nanded Education Society's.

Convenor:

Dr. D. U. Gawai, Principal
SCIENCE COLLEGE, NANDED

Co-Convenor

Prof. Shinde L.P.

Organizing Secretary:

**Dr. A. P. Borikar &
Dr. Mohseena Thaseen**
Coordinator

Mrs. Pooja .S. Shitol
Organizing Committee

Prof. D. D. Pawar

Shr. E.M. Khillare

Prof. A.S. Bonsode

Dr. V.V. Kulkarni

Dr. K.S. Shiwar

Dr. V.R. Marathe

Dr. R.A. Muneshwar

Shri S.F. Gore

Shr. M.R. Durke

Resource Speaker

Shri. Chandrashekhar Fadnis

Tej Gyan Foundation ,




Pune , Maharashtra .

Registration Fee: Free of Cost

Registration Link:

<https://forms.gle/ffO6SJ63ptNY5hE7>

**E-certificate will be
provided to all the
participant**

**Nanded Education Society's
Science College, Nanded**

**One Day National Seminar On
Positive Thinking through Yoga & Meditation**

Wednesday 26th January 2022
11:00am - 1:00pm
Organized by
Department of Sports

President Chief Guest & Resource Person

Hon. Dr. Venkatesh Kabde Mr. Chandrashekhar Fadnis
President, Nanded Education Society, Nanded Tej gyan Foundation, Pune

Patrons:

Hon. Dr. V R. Kabde, Hon. Dr. CA Pravin Patil, Hon. Mrs. Shyamal Patki
President Vice President Secretary.

Hon. Shri. Prafullakumar Agrawal
Jt Secretary, Nanded Education Society's

Convener	Co-Convener	Organizing Secretary	Organizing Secretary
Dr. D. U. Gawai	Dr. L. P. Shinde	Dr. A. P. Borikar	Dr. Mohseena
Principal,	Department Of Chemistry	Director of Sports	Department Of Computer Science


Organizing Committee	Coordinator
Dr. D. D. Pawar	Mrs. Pooja Sahitole
Prof. A. S. Borsode	Dr. V. V. Kulkarni
Dr. K. S. Shillewar	Dr. V. R. Marathe
Dr. R. A. Muneshwar	Sr. S. F. Gore
Sr. M. R. Durke	

Registration is free

Connect By Clicking me

E-Certificate after submitting feedback

Last Date of Registration 24th Jan 22



Flyer



Nanded Education Society's
Science College, Nanded (M.S.)

(Re-accredited with 'A' grade by NAAC in 3rd Cycle;
College with Potential for Excellence;
Best College Award of S.R.T.M. University, Nanded)



CERTIFICATE OF PARTICIPATION

This is to certify that **Ms/Mr/Mrs/Dr. Anil Chokhoba Patil**
of **B. S. S. Arts, Science And Commerce College, Makni Dist. Osmanabad**
has successfully participated in One day National Seminar on "**Positive Thinking through
Yoga and Meditation**" organized by Department of Sports, Science College, Nanded,
Maharashtra on 26th January 2022


(Dr. Mohséná)
Org. Secretary


(Dr. A. P. Borikar)
Org. Secretary


(Dr. DU Gawai)
Convener

Date: 26th January 2022

Certificate ID: PITYM/SCN/001

Certificate


Nanded Education Society's
Science College, Nanded
One Day National Seminar On
Positive Thinking through Yoga & Meditation
Wednesday 26th January 2022
11:00am - 1:00pm
 Organized by
Department of Sports
Inaugural Function

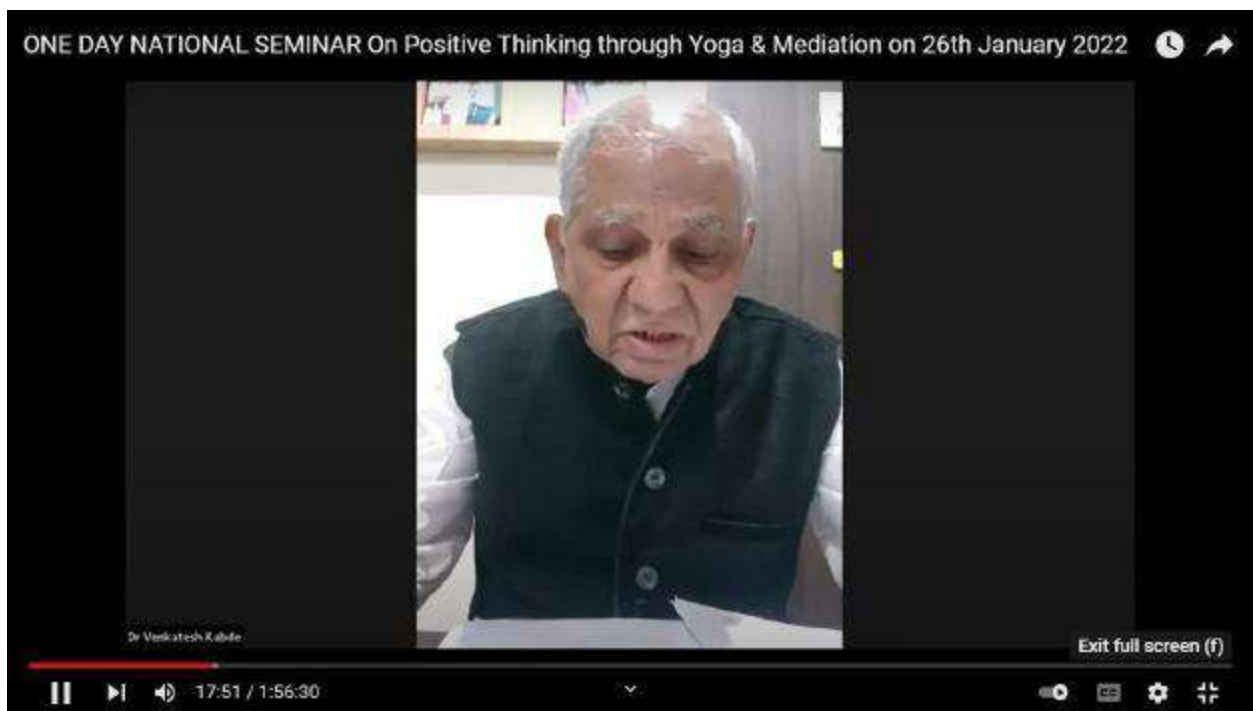
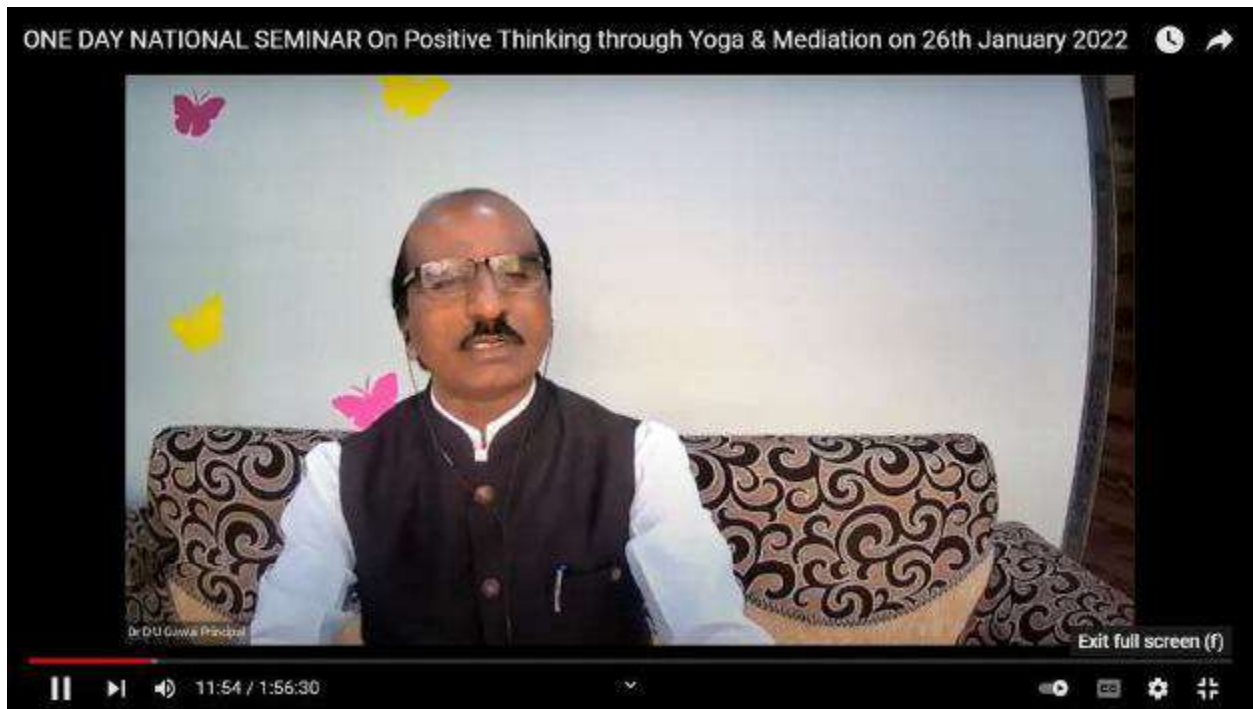
President **Chief Guest & Resource Person**
Hon. Dr. Venkatesh Kabde **Mr. Chandrashekhar Fadnis**
 President, Nanded Education Society, Nanded Patron: Tej gyan Foundation, Pune

Hon. Dr. V R. Kabde, Hon. Dr. CA Pravin Patil, Hon. Mrs. Shyamal Patki
President **Vice President** **Secretary,**
Hon. Shri. Prafullakumar Agrawal
Jt Secretary, Nanded Education Society's

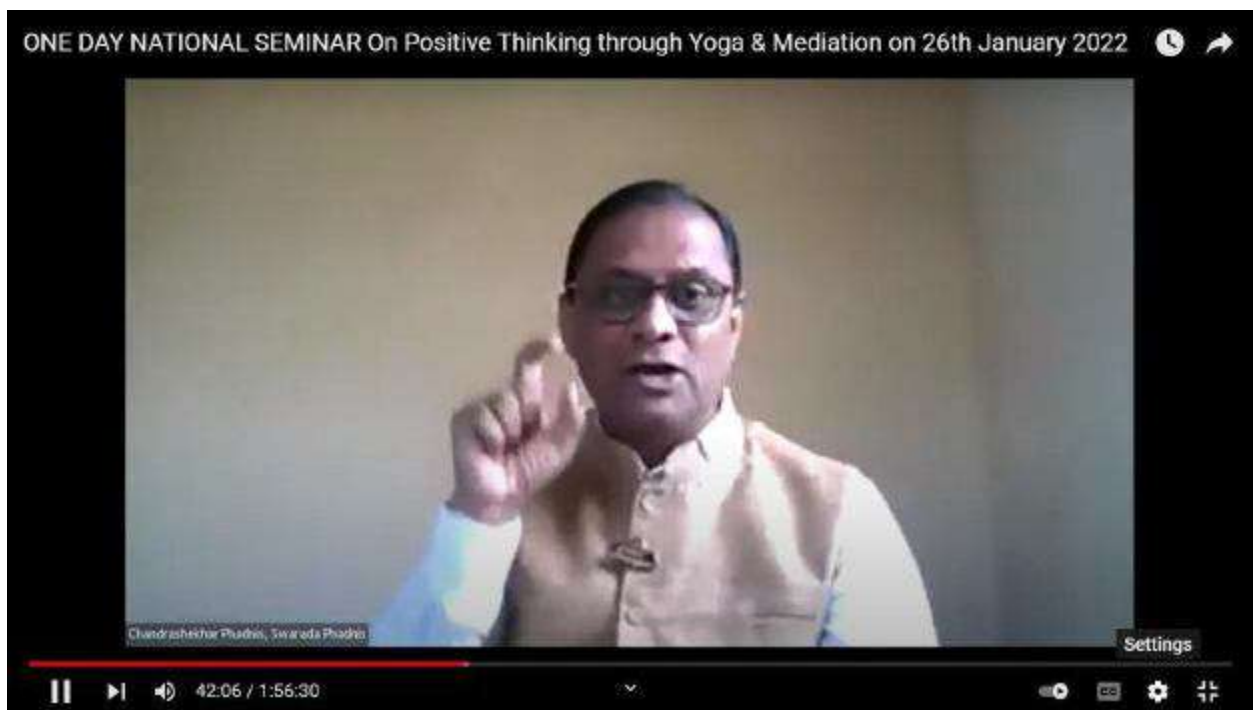
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Principal,	Department Of Chemistry	Director of Sports	Department Of Computer Science

Organizing Committee		Coordinator
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Prof. A. S. Bonsode	Dr. V. V. Kulkarni	
Dr. K. S. ShilBewar	Dr. V. R. Marathe	
Dr. R. A. Muneshwar	Shri S. F. Gore	
Shr. M. R. Durke		





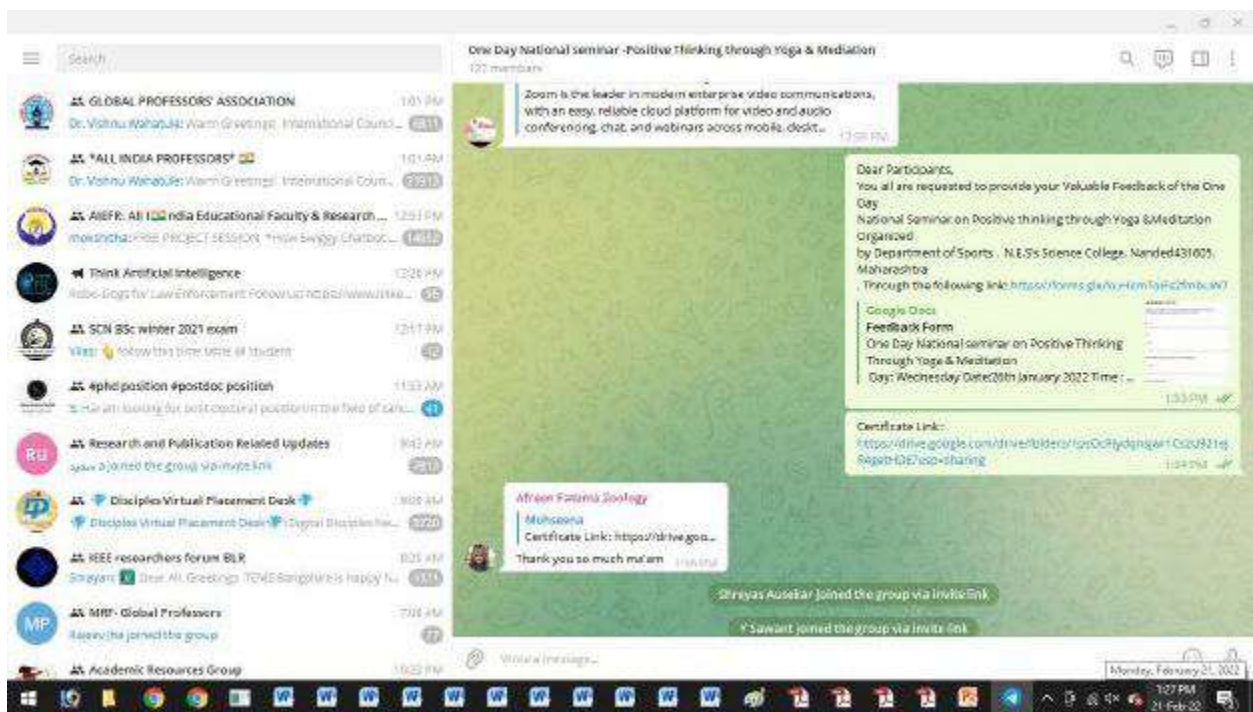
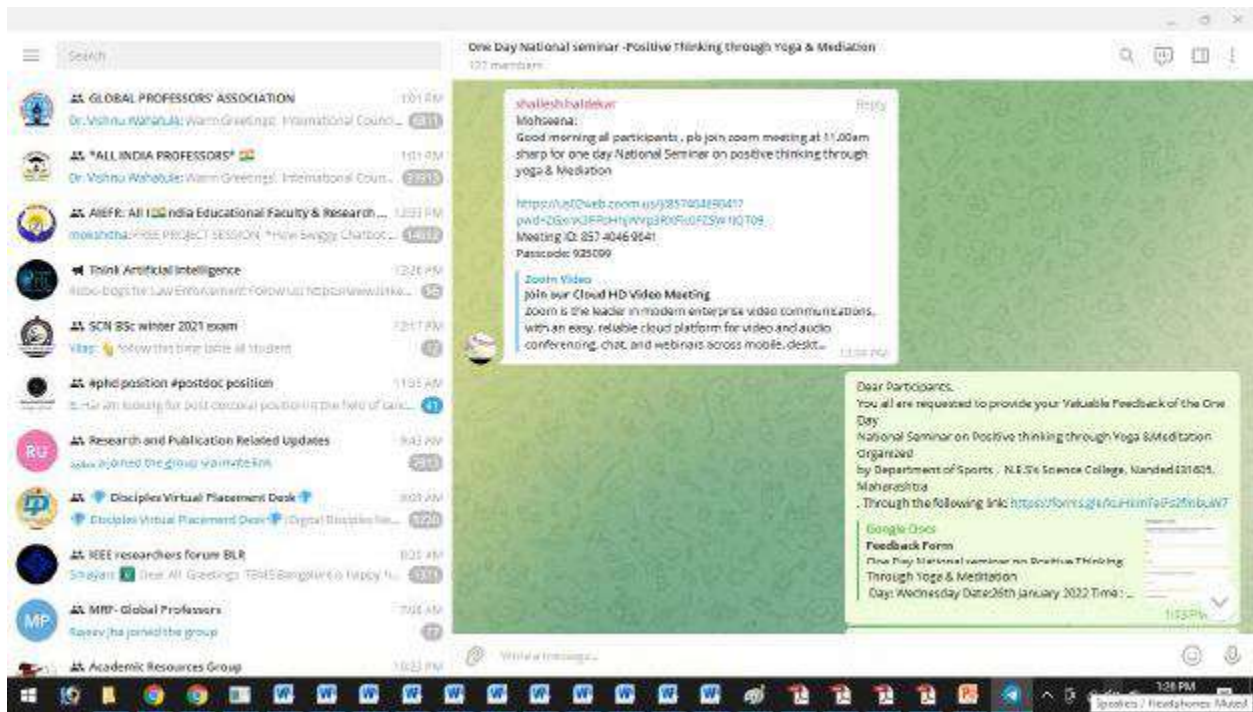
Glimpses of Zoom Platform



Glimpses of Zoom Platform



Glimpses of Zoom Platform



Telegram Chat room



Reg. No. F-12, 1962, 26/6/1950
UMF 1261, 13/10/1651

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Email: principal@sciencecollege1950@gmail.com Web: www.sciencecollegenand.org.

सायन्स कॉलेज येथे "पॉझिटीव्ह थिंकिंग थ्रु योगा अँड मेडिटेशन" या विषयावर ऑनलाईन सेमीनार संपन्न.

प्रजास्ताक दिनाचे औचित साधून आजारी का अमृत महोत्सव या निमित्ताने दि. २६ जानेवारी रोजी क्रीडा विभाग सायन्स कॉलेजच्या वतीने एक दिवशीय "पॉझिटीव्ह थिंकिंग थ्रु योगा अँड मेडिटेशन" या विषयावर ऑनलाईन सेमीनारचे आयोजन केले होते.

कॉन्डिड-१९ या जागतिक महामारी सार्थीच्या आजाराने जगाला विडंबना घातला आहे. या अनुषंगाने सामान्य नागरिक व खेळाडू यांच्या मानसिक व शारीरिक आरोग्यावर परिणाम होताना दिसत आहे. हे पाहता वरील विषयावर एक दिवशीय सेमीनारचे आयोजन करण्यात आले होते. तेज ग्यान फाऊंडेशन पुणे चे चंद्रशेखर फडणीस, स्वरदा फडणीस व विजय श्रीरामवार या तज्ञ व्यख्यात्यांनी मेडिटेशन व आरोग्य तसेच योगा व मन स्वास्थ्य या विषयावर विस्तृत मांडणी केली. या सेमीनारचे उद्घाटन नां.ए.सो.चे अध्यक्ष मा.खा.डॉ. व्यंकटेश काळे यांनी केले. यावेळी देशपातळी वरील २०० जणांनी नाव नोंदवून या ऑनलाईन सेमीनार मध्ये सहभाग नोंदविला.

सेमीनारचे मुख्य संयोजक प्राचार्य डॉ. डी.यू. गवई यांनी महाविद्यालयाच्या वतीने सर्व मान्यवराचे स्वागत केले व महाविद्यालयाबाबत माहिती दिली. संयोजक डॉ. मोहसिना मॅडम यांनी सेमीनारचे प्रस्ताविक केले. संयोजक क्रीडा विभाग प्रमुख डॉ. अभ्धीन बोरीकर यांनी सेमीनार आयोजन करण्यामागची भूमिका विषय करून आधार मानले. तर स्वरराज नाईक व श्रेयस औसेकर या विद्यार्थ्यांनी उत्कृष्ट सुत्रसंचलन केले.

सेमीनार यशस्वी आयोजन केल्या बद्दल नांदेड एज्युकेशन सोसायटीचे उपाध्यक्ष सो.ए.डॉ. प्रविण पाटील, सचिव प्रा.सो. श्यामल पत्की, सह-सचिव मा. प्रफुल्लकुमार अग्रवाल यांनी शुभेच्छा दिल्या.

सेमीनार आयोजन समितीचे उपप्राचार्य प्रो.डॉ. डी.डी. पवार, सह-संयोजक प्रो.डॉ. लक्ष्मण शिंदे तर संयोजन समितीचे सदस्य डॉ. ए.एस. बनसोडे, उपप्राचार्य प्रा. एकनाथ खिल्लारे, डॉ. विभाती कुलकर्णी, डॉ. किरण शिल्लेवार, डॉ. मुनेश्वर, डॉ. वि.आर. मराठे, प्रा. हूरके, प्रा. एस.एफ. गोरे होते. याप्रसंगी डॉ. अरुणा शुक्ला, डॉ. प्रिता बोरेकर, गणेश घाटोळे, कचरू रासे व तेज ग्यान फाऊंडेशनच्या कु. पुजा शितोळे यांनी सहकार्य केले.

आपला विश्वासू

प्राचार्य

प्रति,

मा. संपादक

दे.

महोदय,

उपरोक्त बातमी आपल्या लोकप्रिय दैनिकातून प्रकाशित करून उपकृत करावे ही विनंती.

NEWS Coverage letter for Publication

A Report
on
One Day Guest Lecture
on
“Why Pronunciation Matters?”

Guest Lecture organised by English Department for UG and PG Students on “Why the Pronunciation Matters?” on D. 29/4/2022 Prof.Dr. D. P. Digole, Peoples College, Nanded. Study Material was distributed among the students. Dr. Vibhati Kulkarni, Shri. Subhash Galewar and Shri. Rashtrapal Hatode sir were present. Prizes of Essay and Poety Competition were distributed.

Department of English has organized a Guest Lecture for Undergraduate and Post graduate students on D. 29/04/2022. Dr. Dnyaneshwar Digole, Professor and Research Supervisor, P.G. Department of English Peoples College, Nanded has delivered the lecture on the topic “Why the Pronunciation Matters”. Ninety students were present for the guest lecture. The study material and power-point presentation was also shared among the students. The prizes of essay and poetry competition are distributed. Total 84 students were present. Event organizers, Ms. Aditi Chimalwar, Ms. Shravani Kulkarni, Subhodh Kavthekar, Sudarshan Khandare.

Why the Pronunciation matters?



Dr. Dnyaneshwar Digole

Professor and Research Supervisor

P.G. Dept. of English and Research Centre,

PEOPLE'S COLLEGE, NANDED (M.S.)

dnyanpd2019@gmail.com

Wonders
Do It Yourself
Learn How to Write



Nanded-Waghala, Maharashtra, India

58G2+26R, Vivek Nagar, Sneha Nagar, Nanded-Waghala, Maharashtra 431602, India

Lat 19.175107°

Long 77.300074°

29/04/22 09:27 AM



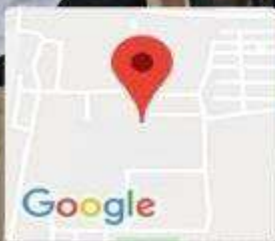
Nanded-Waghala, Maharashtra, India

58G2+26R, Vivek Nagar, Sneh Nagar, Nanded-Waghala, Maharashtra 431602, India

Lat 19.175107°

Long 77.300074°

29/04/22 09:26 AM



Nanded-Waghala, Maharashtra, India

58G2+26R, Vivek Nagar, Sneh Nagar, Nanded-Waghala, Maharashtra
431602, India

Lat 19.175066°

Long 77.300054°

29/04/22 10:01 AM



M. S. Sawas
PRINCIPAL
Science College, Nanded

On April 7, 2022 in Puranmal Lahoti Auditorium, a camp was jointly organized by Dabur India Limited and Science College, Nanded for free diagnosis, checkup and guidance of skin diseases and along with distribution of medicines. Renowned experts Dr. Sharad Mane, Dr. Jyoti Vinay Kulkarni both examined the campers and the students. College students participated in this camp by being present.



Sharma
PRINCIPAL
Science College, Nanded



M. Sawas
PRINCIPAL
Science College, Nanded